

Questions

WHAT SERVICES ARE AVAILABLE THROUGH TOWARDS HEALING?

- Counselling Helpline
- Weekly individual face to face counselling for survivors, their partners, parents, siblings and children.
- 12 Sessions of couple/family therapy counselling (where the need arises)
- Practical Workshops
- Psycho-Educational Groups
- Facilitated Listening Meetings.
- Telephone Counselling.
- Advocacy
- Parent Coaching

WHO IS ELIGIBLE TO RECEIVE SERVICES THROUGH TOWARDS HEALING?

Towards Healing provides counselling and support for people who, as minors, suffered physical and sexual abuse by members of, or while in the care of the Catholic Church in Ireland. We can provide services to clients regardless of where they currently live.

HOW DO I CONTACT TOWARDS HEALING?

You can call us on 1800-303416 (Rep. of Ireland), 0800-0963315 (N.I. and U.K.)

You can email us at casemanager@towardshealing.ie

You can visit us online at www.towardshealing.ie

The Helpline operates Monday – Thursday from 11am – 8pm and on Fridays from 11am to 6pm

WHAT ABOUT MY FAMILY?

Towards Healing can provide and pay for counselling for spouses/partners, parents, siblings and children of survivors of Institutional/Clerical/Religious abuse.

IS EVERYTHING I TALK ABOUT IN COUNSELLING CONFIDENTIAL?

Yes it is. **HOWEVER**, if the Counsellor believes that you or someone else is in serious danger they must share this information to ensure safety.

WHAT ABOUT CHILD PROTECTION?

Towards Healing is totally committed to Child Protection. You are welcome to discuss any concerns with our Child Protection Officer at 085 8801643.

ANY OTHER QUESTIONS?

Call us – no question is too big or too small.

HELPLINE HOURS

FREEPHONE (IRE) 1800 303416

FREEPHONE (UK) 0800 0963315

MOBILE NUMBER FOR HEARING IMPAIRED SERVICE USERS ONLY
085 802 2859

Monday – Thursday
from 11am – 8pm

Friday's
from 11am to 6pm