

***Contact Details (Statutory)***  
***Key Personnel Contact Information***

**National Office for Safeguarding Children:**

New House, St. Patrick's College, Maynooth, Co. Kildare.

Tel: 01-5053124.

Website: [www.safeguarding.ie](http://www.safeguarding.ie)

**Health Service Executive:**

**H.S.E. Office Phone:** Waterford (051) 842728

Dungarvan (058) 20900

Clonmel (052) 6177302/ (052) 6177303

**Samaritans:**

The Samaritans are available 24 hours a day to provide confidential emotional support for people who are experiencing feelings of distress and despair, including those which may lead to suicide.

Tel: 1850 609090

**Towards Healing:**

Towards Healing is a new counselling and support service for survivors of Institutional, Clerical and Religious abuse, funded by the Catholic Church. If you have suffered in this way. Towards Healing will provide services to you no matter where you are currently living.

Tel: 1800 303416

**One in Four:**

Offers a voice to and support to men and women who have experienced sexual abuse and/or sexual violence. They are an appointment only service.

Tel: 01-6624070, Monday to Friday 9.30am to 5.30pm.

Email: [info@oneinfour.org](mailto:info@oneinfour.org)

**CARI:**

Provide professional, child centred therapy and counselling service to children, families and groups who have been affected by child sexual abuse.

Helpline No. 1890 924567.

**Helplines for young people**

**Childline:**

Free 24 hour helpline

Tel: 1800 666 666

Website: [www.childline.org.uk](http://www.childline.org.uk)

**ISPCC**

Tel: 1800 666666/1850 504050

Website: [www.ispcc.ie](http://www.ispcc.ie)

**Barnardos**

Counselling for Children (province wide)

Tel: 1850 222 300

Website: [www.barnardos.ie](http://www.barnardos.ie)

Please note that only services which you can contact yourself are included. GP's, community nurses or social workers may be able to refer you to other services such as clinical psychology which are not listed here.

Remember: Anyone involved in working with children in the Diocese of Waterford & Lismore, including the diocesan safeguarding children personnel can access specialist advice about safeguarding issues from the National Board for Safeguarding Children.

***Postal Address:***

National Office for Safeguarding Children in the Catholic Church in Ireland,

New House,

St. Patrick's College,

Maynooth,

Co. Kildare.

Phone No. 01 5053124

Fax no. 01 5053026

Website: [www.safeguarding.ie](http://www.safeguarding.ie)